

A rare case of granulomatous slack skin with scarce multinucleated giant cells

Um raro caso de cútis laxa granulomatosa com escassas células gigantes multinucleadas

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A previously healthy 23-year-old woman was observed with erythematous and infiltrated plaques associated with significant skin flaccidity forming a pendulous skin fold in the right armpit and a brown macular pigmentation with mild skin flaccidity in the left armpit (Fig. 1). Lesions were asymptomatic and had a 2-year evolution.

A skin biopsy of the right armpit revealed a dense dermal granulomatous infiltrate of atypical lymphocytes, neutrophils, histiocytes, plasma cells, eosinophils, and scarce multinucleated giant cells (Figs. 2A-C). Verhoeff staining demonstrated a marked reduction of elastic fibers (Fig. 2D). Immunohistochemistry of the dermal infiltrate showed positivity for cluster of differentiation (CD) 3 and 4 (Fig. 3) and loss of CD7 and CD8 expression, findings that are compatible with the diagnosis of granulomatous slack skin (GSS).

GSS is a rare variant of mycosis fungoides that mainly affect caucasian men between the third and fifth decades of life^{1,2}.

Histology shows, in addition to elastophagocytosis and emperipolesis, a granulomatous infiltrate mainly composed by atypical lymphocytes, macrophages, and

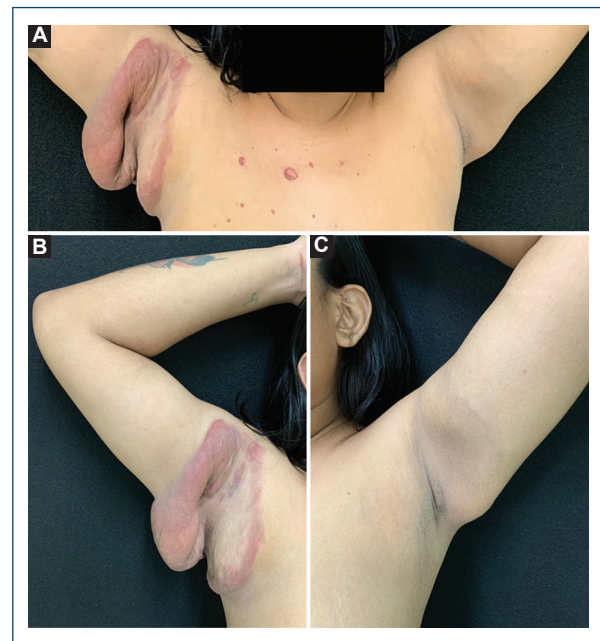


Figure 1. **A:** skin lesions in both armpits with a 2-year evolution. **B:** erythematous and infiltrated plaques associated with significant skin flaccidity in the right armpit. **C:** brown macular pigmentation with mild skin flaccidity in the left armpit.

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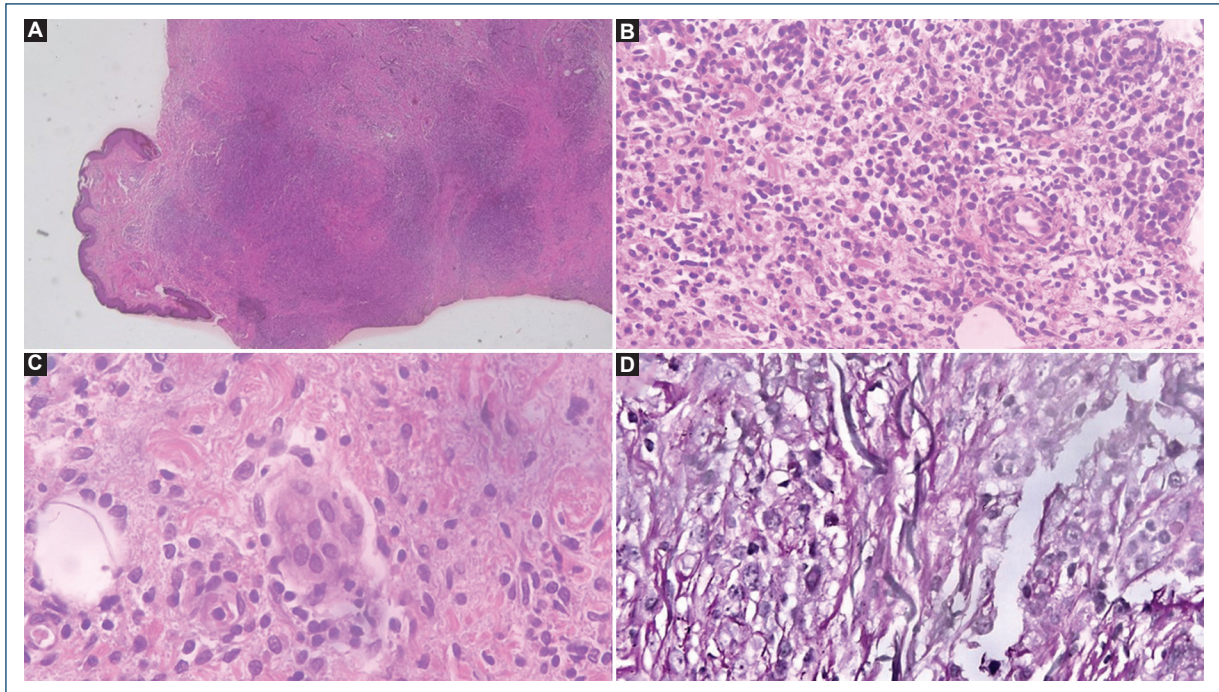


Figure 2. Hematoxylin-eosin-stained sections at $\times 40$, $\times 200$ and $\times 400$, respectively. **A:** dense granulomatous infiltrate affecting the entire dermis and subcutaneous tissue. **B:** atypical lymphocytes, neutrophils, histiocytes, plasma cells, eosinophils composing the granuloma. **C:** scarce multinucleated giant cells. **D:** verhoeff-stained section at $\times 600$; reduction of elastic fibers.

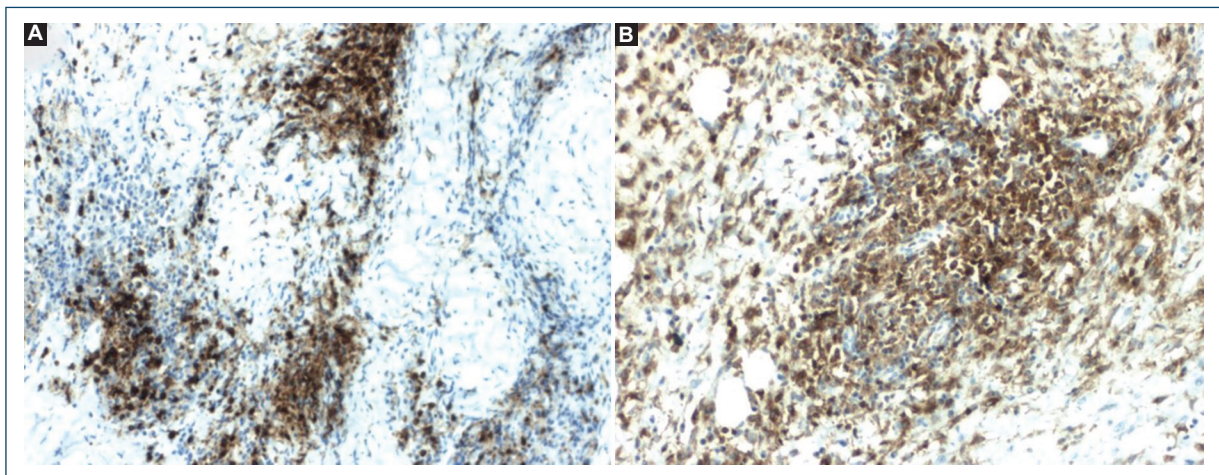


Figure 3. Immunohistochemistry showing atypical cells expressing: **A:** CD3+; **B:** CD4+.

multinucleated giant cells with 20-30 nuclei¹⁻³. This last aspect was not found in our patient and to the best of our knowledge, only another similar case has been reported⁴. Regarding immunohistochemistry, it demonstrates a cell with a T-helper immunophenotype¹, as in the present case, with monoclonal rearrangement of

T-cell receptor genes in most tested patients^{1,2}. In addition, some subpopulations of macrophages secrete metalloproteinases that are considered responsible for the degradation and remodeling of the dermal tissue³.

Furthermore, other lymphoproliferative disorders may be present in up to 50% of cases, so patients must be

screened and followed up^{1,2}. Due to its rarity, there is no standard treatment, and a complete remission of the disease has seldom been reported⁴⁻⁶.

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Conflicts of interest

None.

Ethical disclosures

Protection of human and animal subjects. The authors declare that no experiments were performed on humans or animals for this study.

Confidentiality of data. The authors declare that they have followed the protocols of their work center on the publication of patient data.

Right to privacy and informed consent. The authors have obtained the written informed consent

of the patients or subjects mentioned in the article. The corresponding author is in possession of this document.

Use of artificial intelligence for generating text.

The authors declare that they have not used any type of generative artificial intelligence for the writing of this manuscript nor for the creation of images, graphics, tables, or their corresponding captions.

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