GE – Portuguese Journal of Gastroenterology

## **Endoscopic Snapshot**

GE Port J Gastroenterol 2022;29:145–147 DOI: 10.1159/000518589 Received: May 10, 2021 Accepted: July 9, 2021 Published online: September 2, 2021

# Palliative EUS-Guided Gallbladder Drainage as a Salvage Treatment of Biliary Obstruction in Inoperable Cholangiocarcinoma

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#### **Keywords**

Cholangiocarcinoma · Endoscopic ultrasonography · Gallbladder drainage

Colecistogastrostomia guiada por ecoendoscopia para drenagem paliativa de obstrução biliar em colangiocarcinoma inoperável

#### **Palavras Chave**

Colangiocarcinoma · Ecoendoscopia · Drenagem da vesícula biliar

A 60-year-old female patient presented with obstructive jaundice and pruritus. Laboratory tests revealed a total bilirubin of 17.23 mg/dL (direct 14.84 mg/dL) and an elevation of CA 19-9 of 3,820 U/mL. Computed tomography scan showed an infiltrative intrahepatic mass measuring  $65 \times 55$  mm, involving segment IV, with unclear limits and invasion of the common bile duct. The tumour caused capsule retraction, slight dilation of the intrahepatic bile ducts and marked distention of the gallbladder (Courvoisier sign) (Fig. 1). The reported findings were

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This is an Open Access article licensed under the Creative Commons Attribution-NonCommercial-4.0 International License (CC BY-NC) (http://www.karger.com/Services/OpenAccessLicense), applicable to the online version of the article only. Usage and distribution for commercial purposes requires written permission. suggestive of an intrahepatic cholangiocarcinoma, in association with hilar and lumbar-aortic lymph nodes enlargement and peritoneal carcinomatosis. Considering the typical radiological findings and the advanced stage of the disease, no further biopsy was performed.

The case was discussed in a multidisciplinary meeting, in which a palliative biliary drainage was proposed. Endoscopic retrograde cholangiopancreatography was not possible due to failed cannulation. A lack of significant dilation of the common and intrahepatic bile ducts was observed, as well as a marked distention and wall thickening of the gallbladder, which suggested some degree of distal common bile duct obstruction. Considering this later aspect, to provide biliary drainage, and to prevent complications such as cholecystitis or gallbladder perforation, an endoscopic ultrasound (EUS)-guided gallbladder drainage was performed. As shown in Figure 2 and 3, an electrocautery-enhanced lumen-apposing metal stent (LAMS) (Hot AXIOS<sup>TM</sup>,  $15 \times 10$  mm, Boston Scientific, Marlborough, MA, USA) was placed between the dilated gallbladder and the gastric wall, providing adequate biliary drainage. The freehand technique was employed on stent deployment and no balloon dilation was required. The transgastric approach was chosen because it provid-

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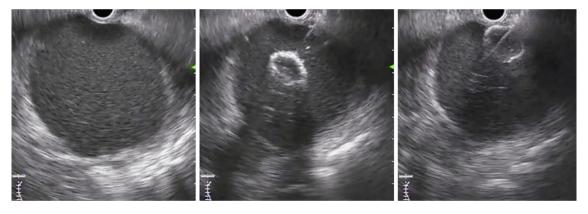


Fig. 2. Ultrasonographic view of LAMS deployment between the dilated gallbladder and the gastric wall.



Fig. 3. Endoscopic view of the correctly deployed LAMS with biliary drainage.

ed a better apposition between the two surfaces. There were no related immediate or late adverse events. Following the procedure, the patient showed improvement of jaundice and normalization of bilirubin levels in 2 weeks. However, functional status deterioration inhibited further chemotherapy. The patient died 2 months after the procedure without related complications.

Recently, EUS-guided gallbladder stent deployment has emerged as an efficient alternative drainage method to percutaneous or transpapillary gallbladder drainage for patients with acute cholecystitis who are poor surgical candidates [1-3]. Adapted from benign disease, EUSguided gallbladder drainage has also been described as a palliative drainage method in certain cases of malignant biliary obstruction, when other EUS approaches are not feasible, if patency of the cystic duct is assured [4, 5].

duct.

#### **Statement of Ethics**

Written informed consent was obtained from the patient. This study did not require review/approval by the appropriate ethics committee.

### **Conflict of Interest Statement**

The authors have no conflicts of interest to declare.

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**Funding Sources** 

None to report.

#### **Author Contributions**

Margarida Flor de Lima: Article concept, literature review, and draft of the manuscript. Nuno Nunes: Main endoscopist of the described procedure. Literature review and critical review of the manuscript. Carolina Chálim Rebelo, Diogo Bernardo Moura, José Renato Pereira and Maria Antónia Duarte: Critical review of the manuscript.

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